

Books about zen

A list of recommended books and texts in English for beginners.

- Deshimaru, Taisen, *The Ring of the Way*, NewYork, Dutton, 1987
- Deshimaru, Taisen, *The Way of True Zen*, American Zen Association, 2002
- Deshimaru, Taisen, *The Voice of the Valley*, Bobbs-Merill, 979
- Deshimaru, Taisen, *Sit*, Hohm Press
- Deshimaru, Taisen, *Questions to a zen master*, 1985
- Rahula, Walpola, *What the Buddha Thought*, Grove Press, 1969
- Suzuki, Zen mind, *Beginner's mind*, Weatherhill, New York, 1973
- Suzuki, Shunryu, *Not always so*, HarperCollinsPublishers, 2002
- Uchiyama, Kosho, *Opening the Hand of Thought*, Wisdom Publications, Boston, 2004