
The example of Buddhist masters face of human rights

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When we meditate, to let go of the thoughts, we detach from mundane things. But that does not mean that we have to become indifferent to what is happening around us. If we walk down the street, and we see a person falling to the ground, we follow our urge to serve and help and let our compassion be freely expressed. If a friend has problems, we listen to him and try to help him, we will protect him with our compassion. The same thing happens when the one who has fallen, the one who has problems, is the people it all.

Great Buddhist masters have taught us not to look the other way, in the face of injustice. The Dalai Lama did not look the other way when the rights of the people were stepped on. Thich Nhat Hanh did not look to the other way when the rights of the people were stepped on. Taisen Deshimaru did not look to the other way when the rights of the people were stepped on. The bodhisattvas of all time have not look to the other way when human rights were not respected, and they have given themselves to the people to advance peacefully to the resolution of the conflict, without hatred, without violence, because that is the expression of their great compassion. Bodhisattvas are not confused by the words of powerful persons who justify their abuses, because they know that their place is always next to the people. They walk with the people without fear because they have not fear to be free.