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## A list of recommended books and texts in English for sutra/dharma students

### **Books on zen:**

Cleary, Thomas, *Minding mind*, Shambala Publications, Boston, Massachusetts, 1995  
Katagiri, Dainin, *Returning to Silence*, Shambala Dragon Ed., 1988  
Katagiri, Dainin, *Each moment is the Universe*, Zen and the Way of Being Time, Shambhala, Boston & London, 2007  
Loori, John Daido, *The art of just sitting*, Wisdom Publications, Boston, 2002  
Suzuki, Daisetz, *Manual of Zen Buddhism*, Nuvison Publications, 2004

### **History of Zen:**

Dumoulin, Heinrich, *Zen Buddhism: a History*, MacMillan Publishing Company, New York, 1994  
Ferguson, Andy, *Zen's Chinese Heritage: the Masters and their Teachings*, Wisdom books, Boston 2000.  
Hoover, Thomas, *The Zen Experience*, Plume, 1980  
McRae, John R., *Seeing through Zen, Encounter, Transformation and Genealogy in Chinese Chan Buddhism*, University of California press 2003.  
Williams, Duncan Ryuken, *The other side of Zen: a social history of Soto Zen Buddhism in Tokugawa Japan*, Princeton University Press, 2005  
Wu, John, *The golden age of zen*, World Wisdom, 2004

### **Bodhidharma:**

*The Zen Teaching of Bodhidharma*, North Point Press, 1989

### **Sosan, Shinjinmei:**

Soeng, Mu, *Trust in mind*, Wisdom Publications, Boston, 2004

### **Eno, Platform Sutra:**

Cleary, Thomas, *The Sutra of Hui-neng, Grand Master of Zen*, with Hui-neng's commentary on the Diamond Sutra, Shambala, Boston 1998

### **Yoka Daishi, Shodoka:**

[www.wzcc.org/translations/shodoka.htm](http://www.wzcc.org/translations/shodoka.htm).

### **Sekito, Sandokai:**

Suzuki, Shunryu, *Branching Streams flow in the darkness*, University of California Press, Berkeley and Los Angeles, 1999

### **Wanshi:**

Leighton, Taigen Dan, *Cultivating the Empty Field, The Silent Illumination of Zen Master Hongzhi*, Tuttle, Boston, 2000

### **Dogen:**

Dogen, *Shobogenzo-IV*, Nishijima & Cross, Windbell Publications, London,  
Dogen, *Shinji Shobogenzo*, Nishijima, Windbell Publications, London, 2003  
Dogen, *Dogen's Extensive Record, a translation of the Eihei Koroku*, Leighton &

Okumura, Wisdom Publications, Boston

Dogen, *Beyond Thinking* (anthology, ed. by K. Tanahashi), Shambhala, Boston/London, 2004

Dogen, *Enlightenment unfolds* (anthology, ed. by K. Tanahashi), Shambhala, Boston/London, 2000

Dogen, *Moon in a Dewdrop* (anthology, ed. by K. Tanahashi), North Point Press, New York, 1995

Abe, Masao, *A study of Dogen: his philosophy and religion*, State University of New York Press, 1992

Kim, Hee-Jin, *Eihei Dogen, Mystical realist*, Wisdom Publications, Boston, 2004

Leighton, T.D.: *Dogen's Pure Standards for the Zen Community*, State University of New York Press, 1996

Leighton, Taigen Dan, *Visions of Awakening Space and Time: Dogen and the Lotus Sutra*, Oxford University Press, 2007

Heine, Stephen: *The Zen Poetry of Dogen*, Dharma Communications Press, 2005

Uchiyama, Kosho, *The Wholehearted Way (Master Dogen's Bendowa with commentary)*, Tuttle Publishing, Vermont, 1997

Uchiyama, Kosho: *How to cook your life (Tenzo Kyokun)*, Shambhala, 2005

Glassman, Bernard: *Instructions to the Cook*, Harmony/Bell Tower 1997

#### **Keizan:**

Cook, Francis H: *The record of transmitting the light – Zen Master Keizan's Denkoroku*, Wisdom Publications, 2003

Zazen Yojinki: see Loori, John Daido, *The art of just sitting*, Wisdom Publications, Boston, 2002

#### **Menzan:**

*Heart of zen (translations of Master Menzan's Jijuyuzanmai, Master Dogen's Gakudo-Yojinshu, Master Uchiyama's "Dogen Zen as religion")*, Shohaku Okumura (transl), Sotoshu Shumuchō, Tokyo, 2006 (<http://www.sotozen-net.or.jp>)

#### **Ryokan:**

Abé, Ruichi and Peter Haskel, *Great Fool, Zen master Ryokan, Poems, letters and other writings*, University of Hawaii Press, Honolulu 1996.

#### **Theravada:**

Rahula, Walpola, *What the Buddha Thought*, Grove Press, 1969

Thomas Cleary (Translation and commentary), *Dhammapada, The Sayings of the Buddha*, Bantam Books, New York, 1995

Sutra's of ancient Buddhism: see  
<http://www.accesstoinsight.org/>

#### **Mahayana:**

##### **Nagarjuna:**

Batchelor, Stephan: *Verses from the Center*, Riverhead Trade, 2001

Luetchford, Michael Eido, *Between Heaven and Earth, From Nagarjuna to Dogen, a translation and interpretation of the Mulamadhyamakakarika*, Windbell Publ., Bristol, 2002

#### **Prajnaparamita in 8000 lines:**

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Conze, Edward, *Perfection of Wisdom in 8000 lines*, Sri Satguru, 1973  
Hixon, Lex, *Mother of the Buddha's (Prajnaparamita Sutra in 8000 lines)*, Theosophical Publishing House, Wheaton, Illinois/Chennai

**Diamond Sutra:**

Conze, Edward, *Perfect Wisdom (Heart Sutra, Diamond Sutra, Perfection of Wisdom in 500 and 700 lines)*, Buddhist Publishing Group, 2003  
Soeng, Mu, *The Diamond Sutra*, Wisdom Publications, Boston, 2000

**Vimalakirti Sutra:**

Watson, Burton, *The Vimalakirti Sutra*, Columbia University Press, 2000

**Lotus Sutra:**

Watson, Burton (tr.), *The Lotus Sutra*, Columbia University Press, 2000  
Watson, Burton (tr.) *Essential Lotus, selections from the Lotus Sutra*, Columbia University Press, 2001

**Brahma Net Sutra**

<http://www.ymba.org/bns/bnsframe.htm>

**Lankavatara Sutra:**

Suzuki, Daisetz (tr.), *Lankavatara Sutra*, Motilal Banarsidass, 1999

**Treatise on the Awakening of the True Faith in Mahayana**

Hakeda, Yoshito, *The Awakening of True Faith*, Columbia University Press

**Mahayana Mahaparinirvana sutra**

Yamamoto, Kosho (transl.), Nirvana Publications, 1999

**Avatamsaka Sutra (The Flower Ornament Sutra)**

Cleary, Thomas (transl.), Shambala, 1993

**Other texts:**

Sheng-yen, *Complete enlightenment*, Shambala Publications, Boston

**History of Buddhism:**

Conze, *A short history of Buddhism*, Oneworld, 1993  
Hirakawa, Akira, *A History of Indian Buddhism, from Sakyamuni to early Mahayana*, Motilal Banarsidass Publications  
Ross Reat, N., *Buddhism: a history*, Asian Humanities Press, 1994  
Schumann, H.W.: *The Historical Buddha*, Motilal Banarsidass Publications, 2003  
Schumann, H.W.: *Buddhism, an outline of its teachings and schools*, Theosophical Publ. House, 1974  
Skilton, Andrew, *A concise history of Buddhism*, Sterling Pub Co Inc, 2003