Association Bouddhiste Zen d'Europe

ZEN

Together for Peace

28-05- 2026 at 7pm



We invite you to join a zazen practice for peace, all together, on the same day at the same time: **Thursday, May 28 at 7:00 PM**.

Whether in your dojo or at home, what matters most is to gather all our energy in the posture of zazen. We dedicate the merit of our practice to all those who suffer from the consequences of war. May this merit also soothe the minds of those responsible for these conflicts.

To conclude, after zazen we suggest reciting the Hannya Shingyo and the Four Bodhisattva Vows, followed by one of the eko (dedications) available on the ABZE website.

Let us unite our energies and express our aspiration for peace to the whole world!

www.abzen.eu

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Dedication for Peace

Together for Peace - zazen May 28 at 7:00 PM.

Long Version

The pure realm of the Dharma has neither beginning nor end.
At the Zen Dojo of _____, we have today chanted the *Maka Hannya Haramita Shingyo*.

We dedicate the merit of this ceremony
to the Original Master, Shakyamuni Buddha,
to the Eminent Patriarch Eihei Dogen,
to the Great Patriarch Keizan Jokin,
and to the Great Masters Kodo Sawaki
Taisen Deshimaru and Zuigaku Rempo.

May the merit of this ceremony fall like a beneficial rain upon all those affected by conflict and war, so that all hatred and all violence may be pacified.

May the teaching of the Buddha touch the hearts of all beings and help them to live in peace.

Dedication for Peace – Short Version

We dedicate our chanting to Peace on Earth,
May war and famine cease.
May peace and harmony prevail.
May all beings attain Buddhahood!